

*Tiff Finney*



TIFF FINNEY  
**WORKSHOPS**



# BIOGRAPHY

*After starting her pole journey in early 2010, Tiff owned her own Pole School just 9 months later. Throughout that time she has established herself as a professional pole performer, concentrating on flair, tricks, performance and embracing the sexy taboo of pole dance.*

*Tiff is an official Brand Ambassador for Bad Kitty PoleFit, the worlds leaders in pole dance apparel and of bringing this amazing community together. She is also a full time member of the worlds biggest burlesque and variety troupe, Club Noir. Club Noir is in the Guinness World Records, featured in Vogue and is often listed as one of the shows to see by various TV and newspaper publications. Tiff regularly performs her pole, cage and burlesque acts to upto 2000 audience members with this cult show.*

*Tiff has also had the opportunity to perform at Glastonbury festival for the last two years with her fellow poler buddies Nadia Sharif and Crystal Gibson. Getting to perform on various stages at such a huge event is a great achievement. And one that she hopes to continue for many years to come. Even when she has a blue rinse and a dodgy ticker.*

*Other credits include judging various pole competitions since 2011, a finalist in the Professional Division of Pole Theatre 2014-Classique Category, final 200 (Reveal Stages) of BGT 2013, Pole-a-Palooza Las Vegas, runner up of UPA's Bringing Sexy Back Poster Contest 2015 and most recently performing at the very first UPA Sexy Back Show.*



## FINNEY FLAIR - 90 MINS

Ok. So tricks are always amazing to learn and nail. But adding flair is what turns them into show-stoppers! We can make anything from basic spins and walks to advanced tricks have that extra something. This workshop concentrates on all the ways that you can make your favourite tricks, spins and dance elements stand out with technique and flair. It feels so good to not just nail a trick, but to add that special something to it like a bad ass!

Level - Must be able to basic invert comfortably.

## TIFF'S TRICKS - 90 MINS

The workshop title kind of says it all. This class covers both Tiff's own spin/trick creations along with her favourite classic and new tricks from around the pole community.

Level- Must be able to basic invert comfortably.

## SEXY SEQUENCES - 90 MINS

This workshop aims to have you walking away from the class (probably like John Wayne by the end) with whole ready made sequences on the lower half of the pole that you can use for your routines. Here, we create a gorgeous set of turns, spins, tricks and floorwork so that your audience doesn't know where one movement ends and another begins.

Level- Open

## FORBIDDEN FLOORWORK - 90 MINS

Covering brand new floor tricks, away and around the base of the pole and using your heels to bang, drag, roll and flick- this really is as fun as it sounds! Learn Tiff's signature ankle and knee rolls and flicks too. This class will also allow you to put all of your new floorwork together to create your own mega hot sequences.

Level - Open

## FAKE IT TIL YOU MAKE IT - 60 MINS

Flexibility can often stop many from having the opportunity to try new or classic tricks. Tiff is a big fan of illusions. If you lack those splits or that back bend then this class is perfect for you. Tiff will show you pole tricks, poses and floorwork that will make you appear more flexy than you thought you could ever be!!

Level - Open

## ANY QUESTIONS?

You can get in with us touch via:

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**POLEFIT**  
by BAD KITTY

*Tiff Finney*